

1° Roma 2 aprile 2017

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INTERNAZIONALE DI MARATONA PER ATLETI CON DIABETE

A.N.I.A.D. Onlus

(Associazione Nazionale Italiana Atleti Diabetici)

**Is organizing the
1st International Marathon Championship
for runners with diabetes**

TROPHY **changing
diabetes®**

First Communication

December 5, 2016

IN COLLABORATION WITH:



The event will be granted unconditional support by Novo Nordisk:



A.N.I.A.D. at the 23 ^ Rome Marathon scheduled for April 2, 2017, organized in partnership with:

Maratona di Roma 2017

International Diabetes Federation

Lyons Distretto 108 L

Novo Nordisk – Program Changing Diabetes®

1st International Marathon Championship for runners with diabetes – trophy Changing Diabetes®

The purpose of the event, in line with the objectives of the Association, is to sensitize people about the problem of diabetes disease, and the importance of physical activity in relation to the prevention and treatment of chronic diseases of metabolism.

Participation is subject to compliance with the official rules of the Rome Marathon

<https://www.maratonadiroma.it/?!a=/regolamento/>

HEALTH CERTIFICATION

Art.1 REGISTRATION OF ITALY-RESIDENT ATHLETES

According to FIDAL regulations on the organization of sports' events, all athletes over the age of 20 with permanent residence in Italy and belonging to the following categories are allowed to run the race:

- a) athletes who hold a membership card of clubs affiliated with FIDAL and other CIP associations (according to the consistent disabled athlete category)
- b) athletes who are members of Associations for the promotion of sports (Athletics) and hold a Runcard/EPS requested through their own association. Individual athletes may get their membership card directly on www.runcard.com (see art.3).
- c) athletes who do not hold a membership card of clubs affiliated with Fidal or Associations for the promotion of sports (Athletics) but hold a Runcard associated to a medical certificate for competitive athletics (the certificate must be specific for Athletics).

Art.2) REGISTRATION OF NON-RESIDENT ATHLETES

Athletes who do not reside in Italy must be 20 or older on the race day. The following categories of non-Italy resident athletes are allowed to run the race :

- a) **Athletes holding a Runcard associated to a medical certificate for competitive athletics (specific for athletics) (see art. 3).**
- b) **Athletes holding a membership card of non-Italian Athletics Federations recognised by IAAF**, upon registration these athletes may upload a scanned version of the membership card recognised by IAAF; the card must be valid on the date of the event. The card must be consistent with competitive road racing according to the current legal provisions enforced in the athlete's country of residence.

Art.3) RUNCARD AND MEDICAL CERTIFICATE FOR COMPETITIVE ATHLETICS - only for athletes as per art. 1b), art. 1 c) and art.2 a)

Runcard is the Fidal (Federazione Italiana di Atletica Leggera) card inclusive of an insurance policy against injuries (which is compulsory in Italy) and other benefits. The athlete's Runcard must be valid on the date of the event. Athletes are requested to comply with the rules connected to the Runcard.

How to get a Runcard:

- athletes as per art.1 b) (holders of EPS cards residing in Italy) should request it through their club or, in case of individual athletes, directly on www.runcard.com;
- athletes as per art.1 c) (residing in Italy) may get it on www.runcard.com;
- **athletes as per art. 2 a) (non residing in Italy)**. The Runcard is issued by the organisation in charge of the event; the Runcard will be sent via e-mail (within 72 hours from when the organisation receives payment);

The medical certificate for competitive athletics (No other titles will be allowed) is compulsory in Italy; it must be valid on the date of the event and issued by the athlete's general practitioner in the athlete's country of residence. The certificate must contain evidence of the following medical examinations and tests:

medical examination – complete urine test – ECG at rest and post exercise - spirometry.

The certificate may be issued in two alternative ways:

On the letterhead of the physician or medical centre (complete with the physician's signature)

- [Downloading here](#) the medical form to be submitted (complete with physician's signature and print)

It is compulsory to send the original via mail to the organisation's headquarters or provide it upon receiving the bib number.

During registering, to speed up the validation process, athletes can upload the scanned Runcard and the medical certificate in their private area of myhdr.it or send them to the e-mail info@maratonadiroma.it.

However, athletes have to produce the original of Runcard and the medical certificate to the Marathon Village at the time of bib number collection.

Art.4) DISQUALIFIED ATHLETES

Athletes disqualified twice from the 2007 edition won't be eligible to register to the race.

PAYMENT OF THE REGISTRATION FEE

Art.5) REGISTRATION FEES FOR ATHLETES WITH A MEMBERSHIP CARD (RESIDENT AND NO RESIDENT IN ITALY)

EUR 50.00 until July 13, 2016

EUR 60.00 until October 5, 2016

EUR 70.00 until December 14, 2016

EUR 80.00 until February 1, 2017

EUR 90.00 until March 15, 2017

from March 16 to 23, 2017 it will be possible to ask for a slot (except in case all BIBS sell out earlier) at the cost of EUR 120.00

EUR 50.00 until February 1, 2017 for Italian-residents entering the Maratona di Roma for the first time. EUR 60.00 until March 15, 2017 for Italian-residents entering the Maratona di Roma for the first time. Those who registered at previous editions and didn't pick up their Bib are not considered entering at Maratona di Roma for the first time.

EUR 50.00 until March 15, 2017 for the Over 75 athletes.

Art.6) REGISTRATION FEES FOR ATHLETES HAVING A RUN CARD (RESIDENT AND NO RESIDENT IN ITALY)

EUR 47.00 until July 13, 2016

EUR 57.00 until October 5, 2016

EUR 66.00 until December 14, 2016

EUR 76.00 until February 1, 2017

EUR 85.00 until March 15, 2017

from March 16 to 23, 2017 it will be possible to ask for a slot (except in case all BIBS sell out earlier) at the cost of EUR 114.00

EUR 47.00 until February 1, 2017 for Italian-residents entering the Maratona di Roma for the first time. EUR 57.00 until March 15, 2017 for Italian-residents entering the Maratona di Roma for the first time. Those who registered at previous editions and didn't pick up their Bib are not considered entering at Maratona di Roma for the first time.

EUR 47.00 until March 15, 2017 for the Over 75 athletes.

Art.7) REGISTRATION FEES FOR NO ITALIAN RESIDENT ATHLETES AND WITH NO MEMBERSHIP CARD, INCLUDED THE RUNCARD – ref. Art.2 - b)

EUR 62.00 until July 13, 2016

EUR 72.00 until October, 2016

EUR 82.00 until December 14, 2016

EUR 92.00 until February 1, 2017

EUR 102.00 until March 15, 2017

from March 23rd to 30th, 2017 it will be possible to ask for a slot (except in case all BIBS sell out earlier) at the cost of EUR 132.00

Registration fee will be calculated according to the date payment is made.

Payment must be done by credit card at the end of the procedure or in each case by 15 days from the registration date, in the modalities indicated; after that date the registration will be canceled and the procedure must be repeated by entering the reserved area of the site www.myhdr.it again.

Registration forms which are either not duly filled or lack membership card and payment receipt will not be accepted.

ART.8) PAYMENT OPTIONS

You can choose one of the following options:

Visa or MasterCard payment on www.maratonadiroma.it (the transaction must be in Euros).

Bank transfer, (bank charges are on the payer), to: Atielle Roma srl c/o Banca Popolare di Milano Ag.257 - Via Ettore Franceschini, 58 Roma - IBAN IT 82 G 05584 03206 000000011690 – SWIFT code BPMIITM1257

Bank transfer, (bank charges are on the payer), to: Atielle Roma srl c/o Monte dei Paschi di Siena, Ag. 14 - Via dei Castani 46 Roma - IBAN code: IT 63 R 01030 03214 000002431511 - SWIFT code PASCITM1R14.

Bank transfer, (bank charges are on the payer), to: Atielle Roma srl c/o Unicredit Agenzia Via D'Onofrio B (30098) – Via D'Onofrio Roma – IBAN code: IT 25 V 02008 05264 000010342655 – SWIFT code UNCRITM1D48.

For bank transfer payments, please specify the name/s of the registered athlete/s in the payment details (also for group registrations).

No payment made by Travel Cheque, Euro Cheque, international money order or draft check issued by any foreign bank will be accepted.

Art.9) INDIVIDUAL ON-LINE REGISTRATION

To register on line for the Rome Marathon the athletes must use the reserved area MyMDR of the web site. The athletes, who already have a user-id and password, can enter and follow the instructions. For the athletes who register for the first time it is necessary to register; once the registration will be completed, an e-mail with a validation link and with the own user-id and password will be received. The reserved area MyMDR will be useful also to register in the other races organised by the Italia Marathon Club.

Art.10) ON-LINE GROUP REGISTRATION

To register on line for the Rome Marathon the sports clubs must use the reserved group area of the web site in which there are all the athletes' data registered in the last three years. For the groups who register for the first time it is necessary to register the group by filling all the requested fields; at the end of the procedure an e-mail with a validation link to confirm the registration will be automatically sent. Then to register the athletes it will be necessary to send us the privacy document (the file will be available in the reserved area). For the groups which are already confirmed the team Representative will have to contact the Rome Marathon Registration Office to receive the new access codes. The reserved area "MyMDR" will be useful also to register in the other races organised by the Italia Marathon Club.

Art.11) REGISTRATION DEADLINE

March, 15 2017

After completing your registration, you are kindly requested to send a copy of it and the participation form to info@aniad.org

Doing it is essential in order to let us know the exact number of people expected to come and consequent organization requirements.

ANIAD will try to cope mainly with costs related to:

- a) organization of an info point at the Marathon Village
- b) scientific report organization
- c) personalized T-shirt
- d) prizes and awards
- e) athlete support on the day of the event

Moreover, depending on available funds, we would like to provide participants with:

- a) transfers
- b) Saturday dinner
- c) accommodation

TENTATIVE PROGRAMME

Saturday April 1, 2017

- Ore 14:30 Gathering at the ANIAD info point, Marathon Village
- Ore 15:30 Scientific Meeting
- Ore 19:00 Bib and T-shirt pick-up. Organizational briefing
- Ore 20:30 Dinner

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- Ore 7:30 Gathering for the race (place to be defined) – group picture
- Ore 8:40 Group start – all together for about one km and each one at his own pace thereafter
- Ore 14:00 Gathering somewhere around the arrival area (place to be defined) and transfer to the closing ceremony location (to be defined) for award pick-up and Good Bye Lunch.

LOGISTICS

Hotel Accommodation is at each participant's expenses and can be reserved on a free basis.

Anyway here you are some info concerning special conditions we obtained for our group through **JAMBO GROUP** (www.jambogroup.it) - ref. Fabio Cianci (fabio@jambogroup.it) - a tour operator linked to the Marathon:

For reservations made before December 15, 2016:

selected Hotels (around Termini – P.zza di Spagna)
double room, B solution, early breakfast (from 6 a.m.) and late checkout (Sunday, 4 p.m.)

3 star hotels: neat price / person / night: € 39,00

4 star hotels: neat price / person / night: € 49,00

Supplementary nights will have the same cost.

€ 30,00 / night will be added in case a DUS is requested

For reservations made from December 16, 2016 on:

selected Hotels (around Termini – P.zza di Spagna)

double room, B solution, early breakfast (from 6 a.m.) and late checkout (Sunday, 4 p.m.)

3 star hotels: neat price / person

1 (one) night € 55,00

2 (two) nights € 100,00

3 (three) nights € 140,00

4 star hotels: neat price / person / night: € 49,00

1 (one) night € 65,00

2 (two) nights € 120,00

3 (three) nights € 180,00

€ 30,00 / night will be added in case a DUS is requested

For any chosen solutions:

- accommodation is FREE for children less than 5 years staying with their parents;
- accommodation is at half price in case of 5 to less than 12 year-old children staying with their parents. A third adult bed accommodation costs 10% less.

Some 3 star hotels: Hotel Regio - Hotel Florida - Hotel Lazio

Some 4 star hotels: Hotel Luce - Hotel Noto

ANIAD's President
Marcello Grussu